



Tips to care for your business, yourself and others to prevent the spread of Coronavirus

COVID-19 is highly contagious and in rare circumstances can be very harmful to those with compromised immune systems and the senior citizens in our community. We want to ensure all of us in Kensington Market are doing our part to keep our neighbourhood safe and healthy.

Check in on Your Elderly Neighbours:

COVID-19 is more threatening to seniors, it's because of this the elderly might be too worried to leave their home to get supplies and food. If you have elderly family or people in your neighbourhood, please check in on them and ask if there is anything they need.

Clean, Clean, Clean!:

Be sure to clean and sanitize door handles, counters and any other most used areas at least every two hours. This goes for anyone who shares a home as well. If you have employees please provide them with the opportunity to work from home, if possible. If not possible, please provide them with what they need to feel safe at work.

Be Chill:

In times of panic it's not uncommon for people to be irrational. Just remember we are all in this together. At the store, on the street and any situation you interact with people, please remember to treat everyone with kindness and respect.

Also, everyone deserves access to toilet paper.

Support Your Local Community:

Local Mom & Pop shops, discount stores, corner stores, cafes & restaurants are open for business! In an already difficult time for small local shops with rising costs, support Kensington shops which are all taking precautions to ensure the health of our communities. **Let's not forget this is a strong resilient community that can rely on each other.**

Visit Grocery, Variety & Discount Stores on our Online Directory! <https://kensingtonmarket.to/places/>

Wash Up:

Sanitize and wash your hands whenever possible, especially after being in a public space. If you can, carry hand sanitizer and use it regularly. Try not to touch your face. This seems like silly advice since we all do so much without even noticing we're doing it. So let's add, remember to wash your face before you go to bed.

Practice Social Distancing:

For the time being, try keeping extra distance between yourself and others. This includes while waiting in lines, on public transit and in social gatherings. As well put a hold on handshakes and unfortunately, high-fives.